



Supporting students who are self-isolating

sodexo 

How Sodexo can help you and your students in their university accommodation

As we live through the ongoing impacts of COVID-19, we're working in partnership with our clients to manage disruption and to strategically plan for positive change.

Like you, we are directly experiencing how students in accommodation across the country are feeling isolated and vulnerable. Our team and business has adapted quickly to continue to deliver our mission to improve the Quality of Life and make a positive difference to you and your students. Today, by continuing to take our mission to heart, Sodexo is at the forefront of accommodation service innovation and student welfare – and are ready to share our resources and services with you.

Ensuring your students thrive during quarantine

Self-isolation in accommodation has been a significant concern for many students during the pandemic – we have been hearing this directly from the 100,000 plus students we are supporting this year. We also know that our university partners face the ever-changing challenges to support their students during local lockdowns and quarantine periods.

With this knowledge and by working closely with multiple suppliers, our food and nutrition specialists have produced catering services options tailored to students' needs. In addition, our experts in the student experience have ensured our holistic mind, body and wellbeing approach covers what students need through easy access to nutritional meals, mental health support and concierge-style services.

New models of food delivery



On demand options

Prepared and delivered daily, we've been providing packed lunches and fresh evening meals for students in self-isolation, delivered direct to their door. Depending on your university's circumstances, we can create a bespoke service, such as packed lunches that include a choice of sandwich, piece of fruit, snack and a drink, while popular hot items are selected from a diverse call order menu.

Ordering is as simple as using our digital platforms to enable individual ordering and seamless delivery at a time the student wishes.

Daily dinner offer

Our home-style dinner options prepared by Sodexo chefs use seasonal fresh and nutritional ingredients from trusted suppliers to bring comfort to students in self-isolation during these difficult times.

Students can use our app to choose from a wide range of gluten-free, meat, fish, vegetarian and vegan meals that we prepare and deliver direct to halls of residence every afternoon.

Hot food convenience

Our frozen to reheat meal selection is produced from the freshest ingredients and using the latest packaging technology to keep food safe, our central kitchen has the flexible capacity to produce over one million meals per week.

For students, they receive delicious dishes that meet their dietary and allergen requirements that we create with care and attention so they only need to reheat to be able to enjoy restaurant-quality meals without going out. The kitchen is accredited to the BRC Global Standard for Food Safety, is STS approved, and is certified to ISO 9001, 14001 and ISO 45001. We operate with a fully transparent and traceable supply chain from farm to fork.

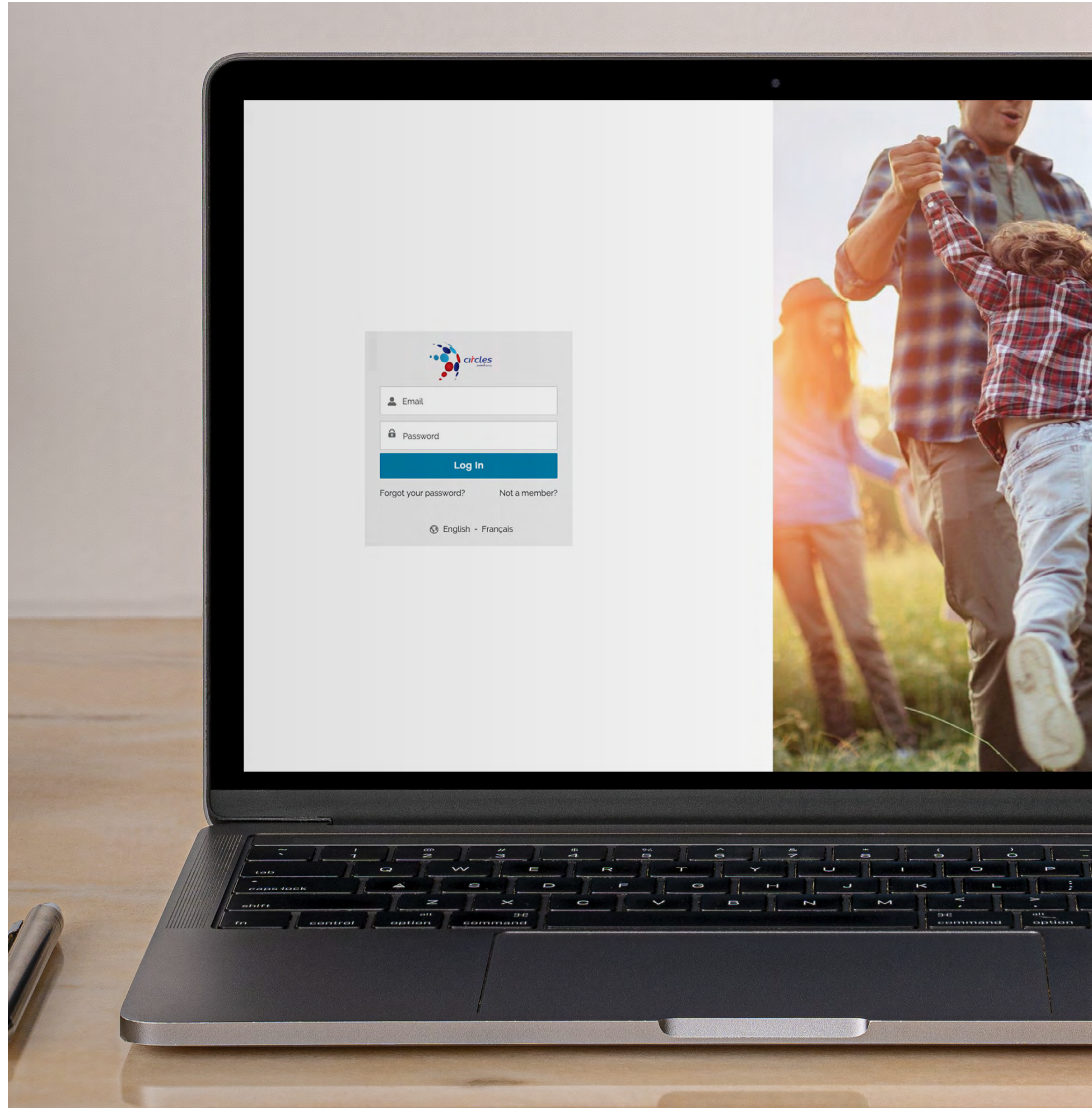




Isolation hygiene packs

For self-isolating students, our hygiene packs are a convenient way to get the essentials. Working with our retail partners, students have the choice of a range of hygiene and essential supplies to help with infection control and personal health.

Students will typically order the isolation packs via their university's online portal and our team will then prepare and distribute.



Food parcels delivered by Circles

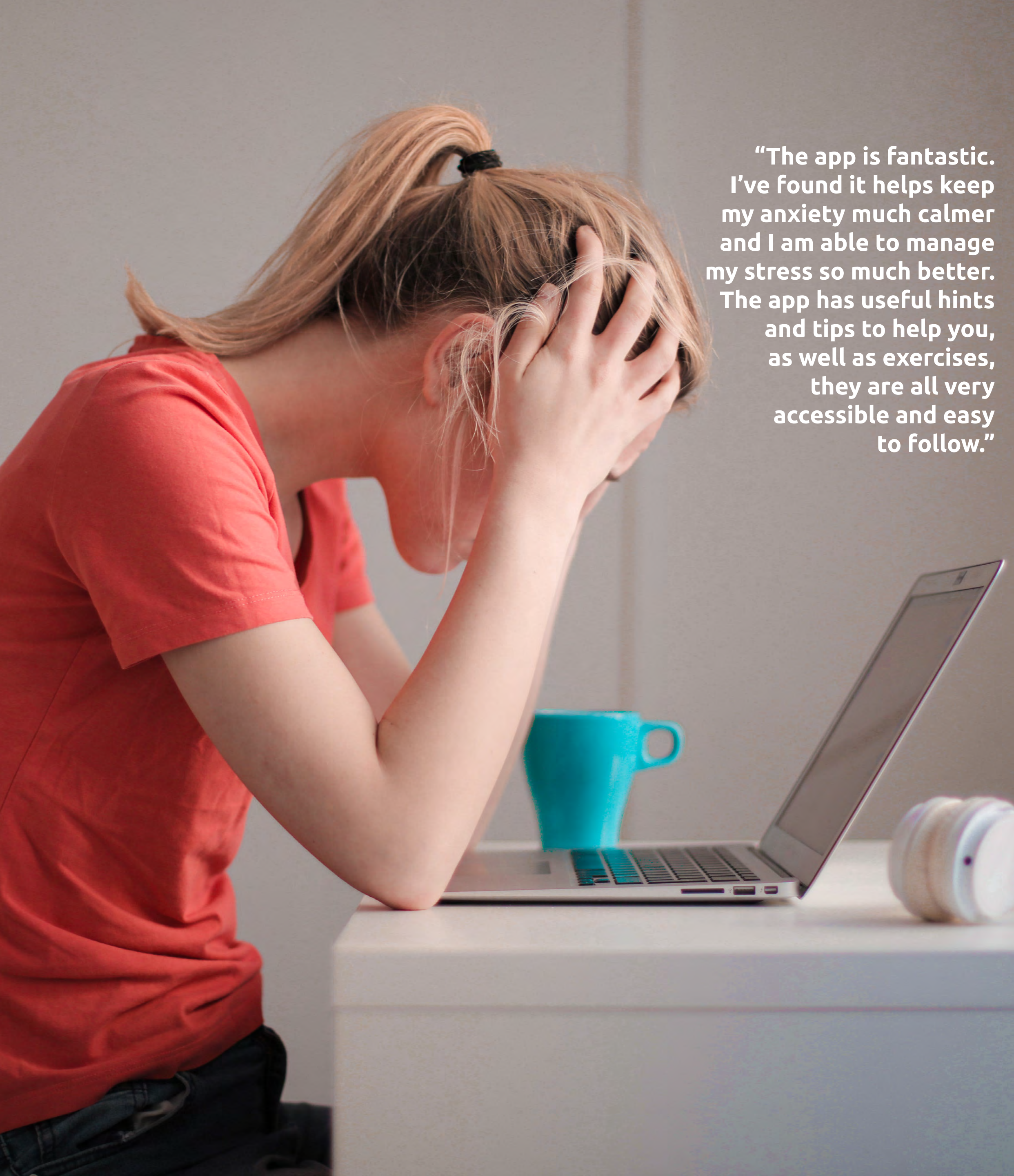
If your students have tested positive for COVID-19, or are self-isolating, there's no need to worry about getting them essential food items – we'll deliver to them enough supplies in our food box to support them for two weeks. No one needs to miss out as we can meet all dietary requirements and apply our strict food safety and allergen procedures.

Students can order their choice of one meat, vegetarian, vegan or gluten-free food box of healthy choices, fresh produce, and cupboard essentials through our online concierge portal. Our retail partner Morrisons will pack and deliver direct to halls of residence or private accommodation.



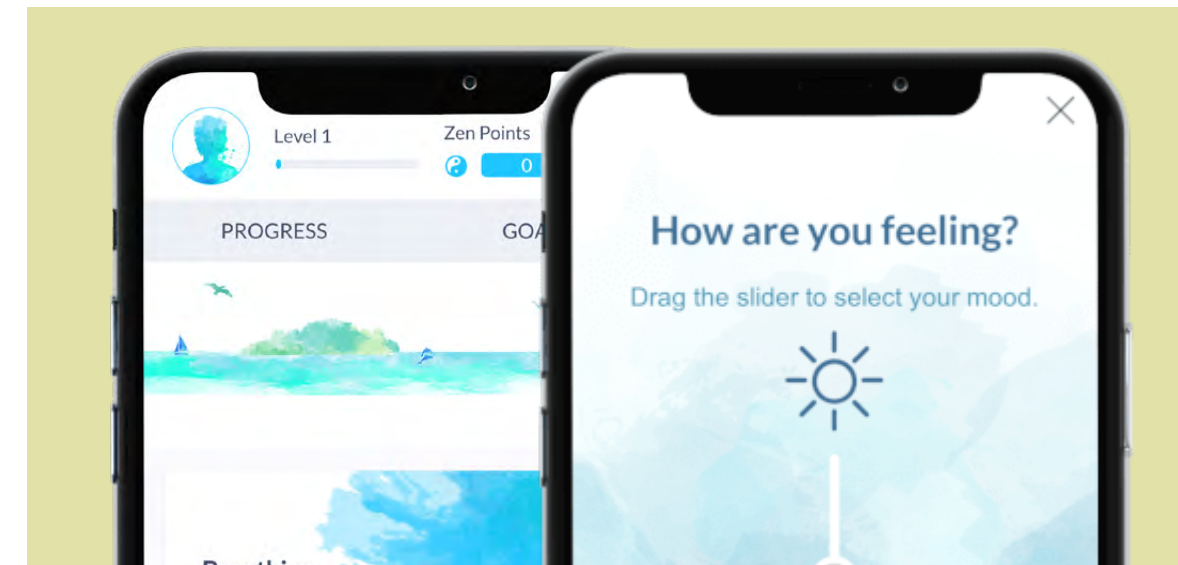
Delivery slots are pre-reserved by our team giving the university and students the assurance their food will arrive on time every time.

Once logged in, students just let us know their full name, building, flat number and room number, as well as any specific allergies or dietary requirements when they place their order. The contents of each box are listed to enable them to select their meals for the weeks ahead and is also supported by a range of healthy recipe ideas in each box.



“The app is fantastic. I’ve found it helps keep my anxiety much calmer and I am able to manage my stress so much better. The app has useful hints and tips to help you, as well as exercises, they are all very accessible and easy to follow.”

Mental wellbeing support



Thrive

Sometimes we can all feel like things are getting on top of us. We partnered with Thrive to give our students exclusive access to a clinically effective app for the prevention, screening and management of anxiety, depression and stress.

What’s in the app?

- Cognitive behavioural therapy programme.
- The ability to seek further support with the touch of a button.
- Over 100+ hours of content including a range of stress reducing sessions.
- A progress journal to help keep track of moods and stressors.

Thrive: Mental Wellbeing is the only NHS-approved mental health app. It tackles common stressors such as sleep, bereavements, study issues and more. It enables students to:

- Screen for anxiety and depression using NHS-approved assessments.
- Signposts to external support services where students can seek immediate help directly from the app.
- Personalised data tracking within the progress section.

Circles – Student Concierge

Circles is our unique and globally-leading concierge service that’s been serving our customers for over 21 years. We designed Circles to provide engagement and experience services that are used today by over three million people annually. Because we’ve combined our global insights with local knowledge, we can give students a bespoke experience where we enrich and simplify their lives by improving the quality of their lives.

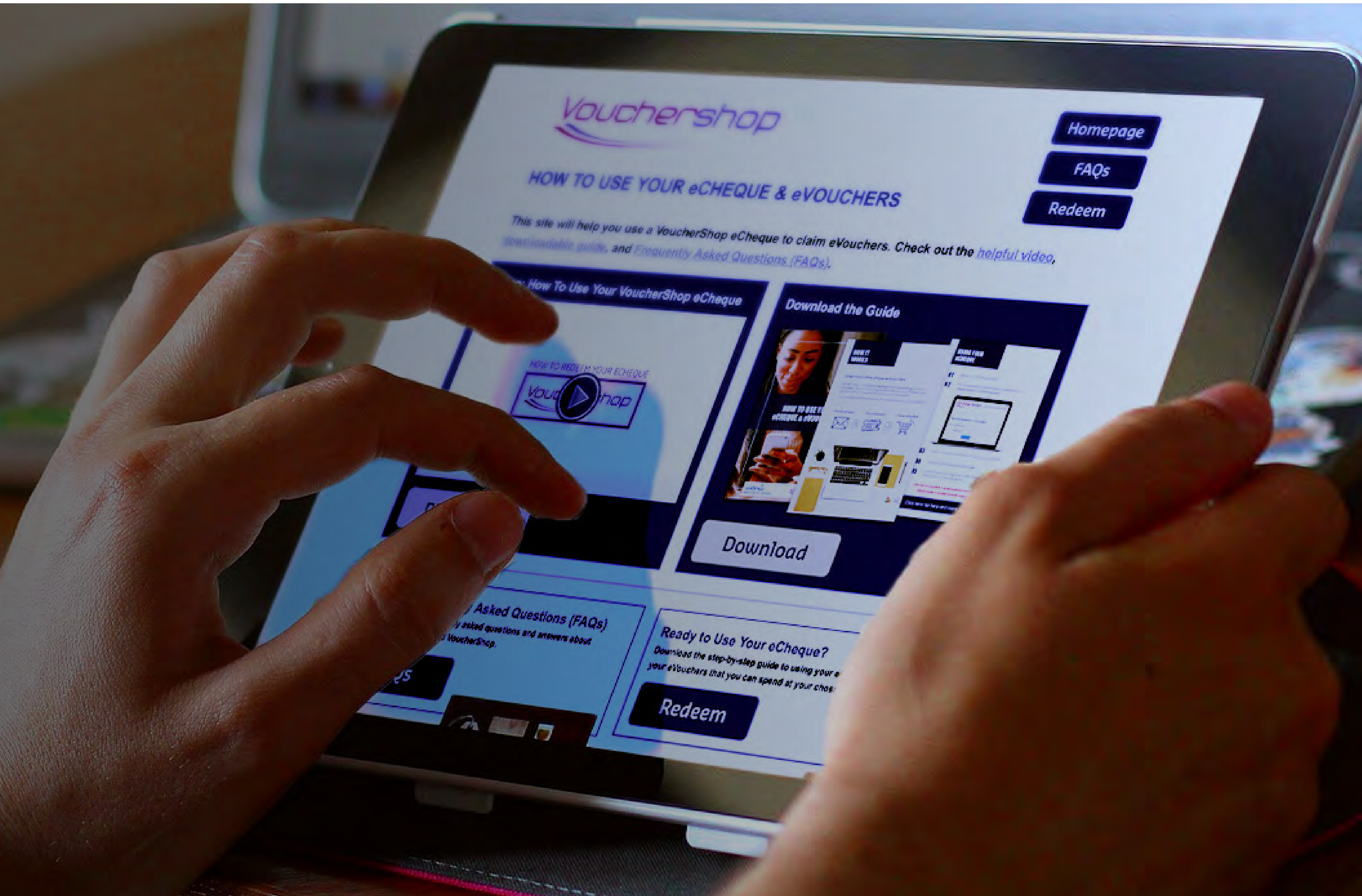
We’ve adapted Circles to meet the COVID-19 challenge by introducing the ‘Student Concierge’. This can help your students to create at least some semblance of a normal home from home environment by accessing many day-to-day life services, such as personal shopping requests, travel arrangements, leisure and our food boxes.

Digital solution

eVouchers

Sodexo's Benefits and Rewards team have a good solution for university students, their parents or supporters: our eCheques that can be easily bought for set amounts and exchanged for an eVoucher.

These digital vouchers are used to pay for goods at the main supermarkets and retailers across the UK (depending on the retailer, it can also be used for online purchases). These are a great way to send a gift knowing that it can be safely spent at a particular retailer.





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