

# Super Fun Apple Nachos

San Jose Unified SD  
San Jose, CA



## Recipe Ingredients:

- 1 small apple
- 2 or 3 strawberries
- 1 Tbsp peanut butter
- 1 Tbsp shredded or flaked coconut
- 1 Tbsp low-fat vanilla yogurt



## Preparation Method:

1. Place apple on the cutting board with stem up. Using a sharp knife, cut the apple into slices starting from the round side towards the center. Repeat from the other side. Throw the core away. Put apples on a large plate.
2. Put the strawberries on the cutting board and cut off the green tops. Chop the strawberries up. Put strawberries aside.
3. Put peanut butter in a cup. Put it in the microwave for about 20 seconds, until peanut butter is warm but not bubbling. Take peanut butter out of the microwave with hot pads.
4. Using a spoon, put the peanut butter on the apple slices. Sprinkle the strawberries on top. Then sprinkle with coconut. Top with yogurt.



**Elle Medel**